

#RESPECT **THC** 

Today's cannabis usually has
higher levels of THC



THC is linked to increased
anxiety, depression & mental
health issues.

For more information visit
www.stadultrecovery.co.uk

If you want to talk to someone about your cannabis use, or
someone else's call South Tyneside Adult Recovery Service on
0191 917 1160

South Tyneside
Adult Recovery Service
